

inspiring medicine changing lives



pg. 4 **Trust**

Janis Wilson's
quality of life is
restored thanks to
the Bone and Joint
Institute

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Spine surgery freed Janis Wilson from nearly constant pain.



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Skill and technology combine to keep Donna Lockwood active.



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Pediatric orthopedic surgeon goes the extra mile to save Haley's hips.

POWERFUL VOICES



To Whom It May Concern:

I am writing this letter because I have just completed my fourth surgery at Advocate Christ Medical Center. I had a hip replacement. My three other surgeries were my knees and other hip. All four surgeries were performed by Dr. Kevin Luke. You should feel proud that you have Dr. Kevin Luke on your staff.

I have rheumatoid arthritis and because of this, my surgeries were not simple ones. I am fortunate that his knowledge of joint replacement is as great as it is. Dr. Luke also has an amazing bedside manner along with his nurse. No matter how I was feeling they would come in and make me feel as if I was recovering at home where things would be much better. Their smiles and encouragement made my day. I took time out to write this letter because I want you to commend them on the love they put into their job because without that, it is just a job.

Thank you,

Sue Niedoborski

CLINICAL TRIALS

GYNECOLOGICAL CANCERS

Pelvic radiation therapy or vaginal implant radiation therapy, paclitaxel and carboplatin in treating patients with high-risk stage I or stage II endometrial cancer.

Paclitaxel and carboplatin or ifosfamide in treating patients with newly diagnosed persistent or recurrent uterine carcinosarcoma

LUNG CANCER

A phase III randomized trial of adjuvant chemotherapy with or without bevacizumab for patients with completely resected stage IB (>4cm) – IIIA NSCLC.

CARDIAC/CORONARY DISEASE

A longitudinal, observational acute coronary syndrome (ACS) study. The overall goals of TRANSLATE-ACS are to examine in-hospital and longitudinal outcomes of ACS patients managed with percutaneous coronary intervention (PCI), as well as to assess post-discharge care patterns and treatment adherence.

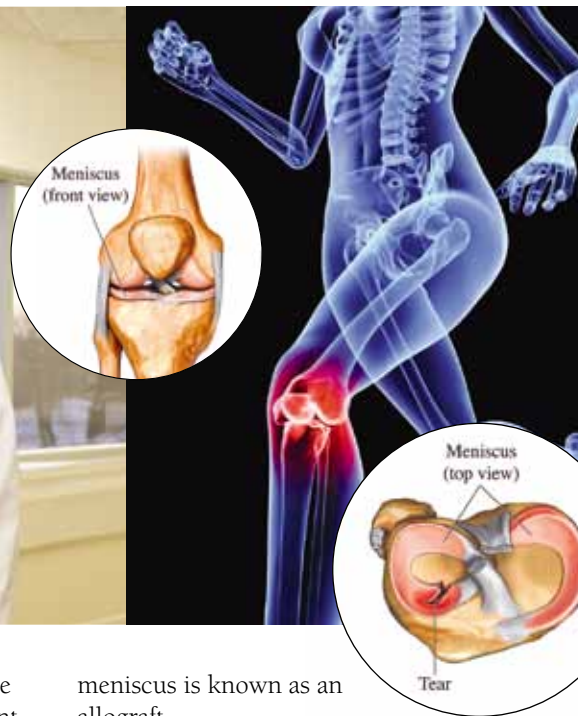
Prospective imaging study for evaluation of chest pain. (CT angio trial for ACS with no prior cardiac history.) *NIH funded.*

CALL FOR TRIALS If you would like more information about clinical trials, please call **708.684.4600**.

Did you know? More than half a million knee replacements are performed in the United States every year.

CUSHION THE BLOW

Transplant methodology offers relief for younger adults



The human knee includes two cartilage rings, called menisci, that cushion the joint and provide stability. Occasionally a meniscus needs to be surgically removed, usually due to severe tears, and for a while, the patient may be fine. However, the missing cushion can eventually lead to knee pain, instability, and accelerated arthritis in the joint.

Until recently, the solution was total knee replacement surgery, which provides relief but is often considered excessive for younger, active patients who suffer no symptoms other than those connected to a missing meniscus.

For these patients, the Bone and Joint Institute at Advocate Christ Medical Center offers an innovative and highly effective surgical alternative called meniscal allograft transplantation. Implemented by George Branovacki, M.D.—the only orthopedic surgeon who performs this procedure in Chicago’s Southland—the process involves transplanting a meniscus from a cadaver donor into the patient’s knee. This donated

meniscus is known as an allograft.

Unlike organ transplants, a meniscal allograft transplant does not require a matching blood type. “There are no rejection issues,” says Dr. Branovacki. “I only need to match for size and confirm that the donated meniscus is healthy.”

A meniscus transplantation is also sometimes combined with other surgeries. For example, Dr. Branovacki recently performed the procedure in conjunction with a cartilage restoration procedure, and between the two surgeries, he returned the patient’s knee to full mobility and health.

“Knee replacements have a life span, around 20 years,” Dr. Branovacki says. “So, for a 30- or 40-year-old patient, that probably means a second replacement someday. With a meniscal allograft transplantation, we can restore the knee joint and postpone—even prevent—a knee replacement.”



STABILIZE To find out if this procedure is right for you, call **1.800.3.ADVOCATE (1.800.323.8622)**.



“Once I met Dr. Lim, I immediately knew that I could trust him with my care.”

Now that Janis Wilson can sit and stand without pain, she can pursue one of her favorite pastimes—gardening.

the good life

Surgeon at the Bone and Joint Institute offers relief for a scoliosis patient

When Janis Wilson was about 13 years old, she was diagnosed with scoliosis, a medical condition in which the spine is abnormally curved from side to side. "At the time, I didn't require surgery or bracing, just exercise," recalls Janis, a 51-year-old legal assistant. "But as life went on, the scoliosis progressed. I started having trouble sitting, walking and even breathing. The pain was excruciating, and medication no longer helped."

So a few years ago, Janis decided she needed more aggressive medical treatment. Her primary care physician referred her to Richard Lim, M.D., an orthopedic surgeon with expertise in spinal surgery at the Bone and Joint Institute at Advocate Christ Medical Center. Janis also had good advice from a trusted source: her daughter, Elizabeth, an intensive care nurse at Advocate Christ Medical Center.

Elizabeth knew of Dr. Lim's excellent reputation and encouraged her mom to take the next steps in dealing with her scoliosis.

IN THE HANDS OF EXPERTS

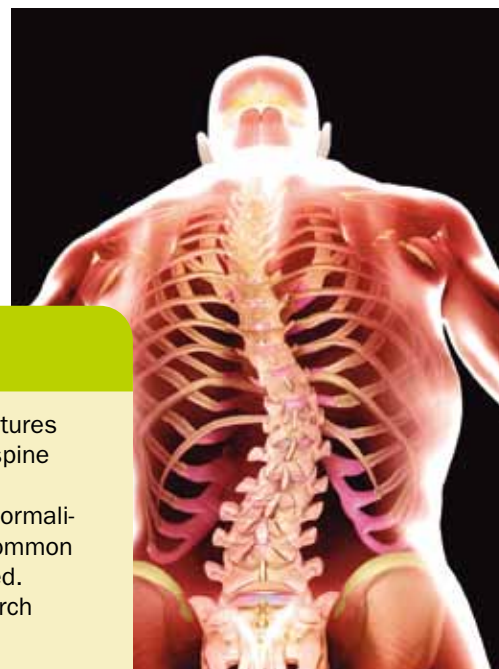
The Bone and Joint Institute at Advocate Christ Medical Center brings together the entire spectrum of care for bone and joint conditions, including the expertise of orthopedic surgeons, rheumatologists, therapists and other professionals in related areas. The multidisciplinary approach integrates and streamlines coordination of care, offering improved patient outcomes, even for complex health issues such as Janis' case.

"When Janis was younger, the scoliosis curve wasn't large enough to require surgery," explains Dr. Lim. "However, scoliosis can progress, particularly when the discs in between the bones in the spine start to

compress because of the natural aging process. That's exactly what happened in Janis' situation. The X-rays showed that the scoliosis curve had started to increase."

"I had seen many doctors over the years, and I was pretty sure I would eventually need surgery," says Janis. "But once I met Dr. Lim, I immediately knew that I could trust him with my care. He listens so well, and he's very informative. I just felt comfortable with everything he recommended."

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QUICK GUIDE TO SCOLIOSIS

Scoliosis isn't really a disease itself; it's a description of abnormal curvatures of the spine. Generally, these are the side-to-side curves that make the spine look like an "S" or a "C" from the back instead of a straight vertical line.

Some causes of scoliosis include trauma or injury to the spine or abnormalities present at birth (such as cerebral palsy or spina bifida). The most common type of scoliosis is idiopathic, meaning no specific cause can be identified. However, there is evidence that idiopathic scoliosis is genetic, and research continues into the nature of this potentially debilitating disorder.



Janis Wilson (center) says daughters Jennifer and Elizabeth were her partners in the healing process.

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At first, Dr. Lim attempted to treat Janis nonsurgically with aggressive physical therapy, but there was no improvement. “We decided that surgery was the best remaining option for Janis,” explains Dr. Lim. “The surgery was completed in two stages. First, we removed one of Janis’ ribs to fuse some spinal bones on the front of her spine. This actually gave her spine more stability, while loosening up the scoliosis curve. Next, we inserted screws on the back of her spine to hold the titanium rods used to pull her spine into better alignment.”

THE ROAD TO RECOVERY

After the surgery in January 2010, Janis had the best support team of all: her daughters. Thanks to Elizabeth and her other daughter, Jennifer, Janis has had an incredible recovery. While Janis continues to improve, she still appreciates how far she has come. Before her surgery she couldn’t stand for five minutes without having to sit down because the pain was so severe.

“It’s surprising that the pain I used to live with every day is virtually gone,” says Janis. “It’s been over a year since the surgery, and everything keeps getting better. I can sit and stand for long periods of time. Also, I can

walk up to about a mile, which has made a huge difference in my life.

“It’s been a remarkable recovery,” adds Janis. “My daughters were just amazing, and I just can’t say enough about Dr. Lim’s expertise and his caring. He was so very encouraging throughout the entire process, and now my life is so much better.”



INSPIRING MEDICINE To find an orthopedist or to schedule an appointment, call **1.800.3.ADVOCATE (1.800.323.8622)** or visit advocatehealth.com/christ for more information.

ASK THE DOCTOR

Q. I’ve had low back pain for the past few months, and over-the-counter remedies aren’t helping anymore. I don’t want surgery, but when should I see a doctor?

A. “The majority (about two-thirds) of people with low back pain will get better without surgery,” says Richard Lim, M.D., an orthopedic surgeon with expertise in spinal surgery at the Bone and Joint Institute at Advocate Christ Medical Center. “Since you’ve been in pain for a while, it’s probably time to see your doctor. It will be helpful if you can tell the doctor whether your pain is back pain alone or if leg pain accompanies it. From there, your doctor can determine if it’s a soft tissue problem, a disc problem or if it’s neurological. And if surgery is required, there are newer, minimally invasive surgeries that significantly reduce the pain and recovery time that is involved.”



Richard Lim, M.D.
Orthopedic Surgeon
Board Certification: Orthopedic Surgery,
Spine Surgery

JANIS’ DOC

Richard Lim, M.D., chairman of orthopedics for the Bone and Joint Institute, specializes in spinal surgery. He treats such disorders as sciatica, pinched nerves or herniated discs using minimally invasive microsurgery techniques.

Did you know? Many health experts recommend taking 10,000 steps a day to achieve a good level of physical activity.

GOING STRONG

Donna Lockwood walks at the mall across the street, does housework and works full-time at a nursing home. But a few years ago, there was a question whether she would keep one of her legs at all.

A car accident in 1993 nearly severed her right foot and crushed her right leg. She was taken to Advocate Christ Medical Center where she underwent reconstructive surgery.

“Thank goodness Dr. Luke came along and saved my leg,” says the 62-year-old Lockwood, a wife, mother and grandmother who lives in Chicago Ridge.

Orthopedic surgeon Kevin Luke, M.D., recalls rebuilding her right leg, including repairing a broken hip, tibia, ankle and other broken bones. “She is living proof that the trauma system works,” says Dr. Luke, who specializes in adult reconstructive surgery.

“The pain was so bad in my knees that I could barely walk by the end of the day—and it’s not there anymore.”

Due to the severity of her injuries, Lockwood has returned to Dr. Luke and Advocate Christ Medical Center for follow-up procedures, including surgery to insert a metal rod above her right knee. That knee was replaced in 2009. Her left knee was replaced just last year.

Lockwood’s most recent surgery was

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Donna Lockwood can stay active and involved, thanks to timely knee replacement surgery



Donna Lockwood is happy to be able to walk without pain.



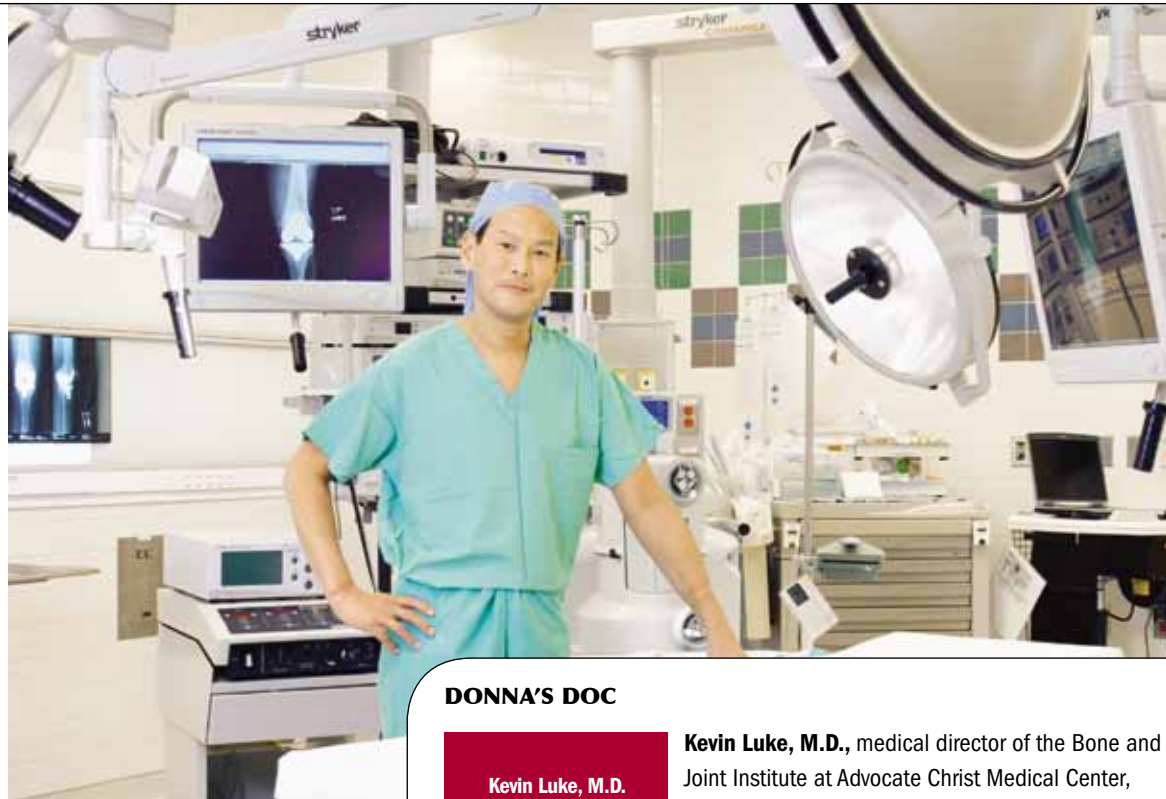
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 completed in the Stryker Navigation suite, which uses a positioning system similar to GPS as a guide to anatomical structures during surgery. This system was especially useful for Lockwood's joint replacements because of the earlier work done on her knees, Dr. Luke notes. Because of Stryker Navigation's exceptional accuracy, doctors did not have to perform multiple surgeries to remove the rod in her right leg, Dr. Luke says. Advocate Christ Medical Center has one of the few Navigation suites in the Chicago area.

Lockwood, meanwhile, feels like a different person now since the last knee replacement.

"The pain was so bad in my knees that I could barely walk by the end of the day—and it's not there anymore," she says.

Ironically, in her job at a health care center in Westmont, Lockwood works to help nursing home residents live as pain-free a life as possible.

It appears she succeeded. When she walks into their rooms, residents often greet her with the song, "You Are My Sunshine."



DONNA'S DOC

Kevin Luke, M.D.
 Orthopedic Surgeon
 Board Certification:
 Orthopedic Surgery

Kevin Luke, M.D., medical director of the Bone and Joint Institute at Advocate Christ Medical Center, performs reconstructive surgery and joint replacements for patients suffering from degenerative joint disease, osteoarthritis, trauma and sports injuries, as well as other problems.



COMMUNITY CORNER

TO REGISTER, CALL 1.800.3.ADVOCATE (1.800.323.8622)



JOINT REPLACEMENT: IS IT TIME?

DATE: May 4
TIME: 6:30-8 p.m.
LOCATION: Advocate Christ Medical Center, Keyser Room
REGISTRATION: Code 1G48

DATE: June 8
TIME: 6-8:30 p.m.
LOCATION: Advocate Christ Outpatient Center, 12350 S. Harlem Ave., Palos Heights
REGISTRATION: Code 1G48

DATE: June 14
TIME: 6:30-8 p.m.
LOCATION: Advocate Christ Outpatient Center, 1206 E. 9th Street, Lockport
REGISTRATION: Code 1G48

DATE: June 29
TIME: 9-10:30 a.m.
LOCATION: Advocate Christ Medical Center Conference Center, O613
REGISTRATION: Code 1G48

ARE YOUR BONES HEALTHY?
 Presented by Roshani Sanghani, M.D.
DATE: May 5
Time: 4-5:30 p.m.
Location: Advocate Christ Medical Center Conference Center, O636
REGISTRATION: Code 1G51

SHOULDER REPLACEMENT: IS IT TIME?
DATE: May 10
TIME: 6:30-8 p.m.
LOCATION: Advocate Christ Outpatient Center, 18210 LaGrange Rd., Tinley Park
REGISTRATION: Code 1G50

WALK THIS WAY The physicians at the Bone and Joint Institute can help fix injuries, wear and tear. Call **1.800.3.ADVOCATE (1.800.323.8622)** or visit advocatehealth.com/christ for more information.

hip, hip, HOORAY!

Immediate, innovative surgery on Haley's hip injury kept her in the swing of things.

On Thanksgiving Eve 2009, then-10-year-old Haley Galvin was playing with a friend when she tumbled down the stairs and landed in an awkward splits position. Because she was unable to stand up, Haley's grandma, Kathleen Galvin, called 911.

From their Tinley Park neighborhood, Haley and Kathleen went by ambulance to a local hospital, where it was determined that Haley needed a specialist. So, it was back in the ambulance and off to Advocate Hope Children's Hospital, where Prasad Gourineni, M.D., orthopedic surgeon, was waiting.

Dr. Gourineni determined that Haley had a slipped right hip, which meant the ball at the top of her right femur, or thigh bone, was no longer resting properly in the hip socket. It's a common condition for children who are still growing because their longer bones, like the femur, are still developing and the weaker tissue at each end, called the growth plate, is flexible enough to allow the joint to slip.

Historically, treatment for Haley's condition would have involved surgically inserting a pin to prevent further slippage. While it works, the child is left with limited mobility. Fortunately

for Haley, Dr. Gourineni is a renowned expert in the innovative procedure, called modified Dunn osteotomy, which corrects a slipped hip and also restores full hip movement.

SKILL AND UNDERSTANDING

In very basic terms, the procedure involves removing the femur ball from the hip socket and trimming the growth plate so the ball once again fits securely in the socket. "This is an important advancement," Dr. Gourineni says. "It means that children like Haley can still ride their bicycles, play sports and do everything they did before the slippage."

Haley's surgery went well, and Kathleen was amazed that everything happened so quickly. "I couldn't believe that Dr. Gourineni did Haley's surgery on Thanksgiving Day," she recalls. "I thought for sure we'd have to wait until after

the holiday to have it done."

What's more, Dr. Gourineni took every possible extra step to calm his young patient. "When Dr. Gourineni came to see Haley before surgery, she was crying," Kathleen says. "He was phenomenal with her. He even wheeled Haley into surgery himself."

Middle schooler Haley starts her days with 7 a.m. band practice.



CHANGING LIVES Choose a pediatric orthopedic specialist to tend to your young one's bone and joints. Call **1.800.3.ADVOCATE (1.800.323.8622)** or visit advocatehealth.com/hope for more information.



HALEY'S DOC

Prasad V. Gourineni, M.D.
Pediatric Orthopedic Surgeon

Board-certified in orthopedic surgery, Dr. Gourineni also pursued a fellowship in pediatric orthopedics in Dallas, Texas, before joining the staff at Advocate Hope Children's Hospital.

QUALITY CHOICES

In order to give you the best in health care, these physicians have recently joined our team.

	Imran Ali, M.D. Cardiology		Josephine Dinkha, M.D. Family Medicine		Esmeralda Llanas, M.D. Neurology		Isabel Rojas, DPM Orthopedic Surgery
	Sireesha Allamneni, D.O. Physical Medicine & Rehabilitation		Mirela Galatanu, M.D. Family Medicine		Keith Lopatka, M.D. Dermatology		Bill Schroeder, D.O. Emergency Medicine
	Kim Natasha Berg, M.D. Pathology		Debasree Ghosh, M.D. Pediatrics		Praveen Nallapareddy, M.D. Gastroenterology		Hassan Shah, M.D. Ophthalmology
	Ashlee Bergin, M.D. Obstetrics/ Gynecology		Brian Harting, M.D. Infectious Disease		Ikechukwu Oguejiofor, M.D. Urology		Ira Shetty, M.D. Pediatric Cardiology
	Priya Bhat, M.D. Pediatric Cardiology		Nic Hristea, M.D. Nephrology		Teresa Patani, M.D. Obstetrics/ Gynecology		David Shifrin, M.D. Plastic/ Reconstructive Surgery
	Michele Calma, M.D. Pediatrics		Rukmini Komarlu, M.D. Pediatric Cardiology		Jayantibhai Patel, M.D. Internal Medicine		Mini Sivadasan, M.D. Cardiovascular Surgery
	Darshika Chhabra, M.D. Nephrology		Cynthia Lau, M.D. Gastroenterology		Evaldas Radzevicius, M.D. Psychiatry		Lindsay Uzunlar, M.D. Pediatrics
	Ajay Dhadwal, M.D. Vascular Surgery		Stephanie Lichten, M.D. Pediatrics		Meghan Rodes, M.D. Anesthesiology		Terri Washington, M.D. Endocrinology

HEART RISK ASSESSMENTS

FEE: \$30
DATE: Tuesdays
TIME: 7-7:30 a.m.
LOCATION: High Tech Medical Park, 11800 Southwest Highway, Palos Heights

PROSTATE CANCER SUPPORT GROUP



DATE: 3rd Tuesday of every month
TIME: 7-9 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0637
REGISTRATION: Code 1C15

BREAST CANCER SUPPORT GROUP



DATE: 3rd Wednesday of every month
TIME: 7-8:30 p.m.
LOCATION: Advocate Christ Center for Breast Care, 4545 West 103rd St., Oak Lawn
REGISTRATION: For more information, call Patrice Stephens at 708.684.5849.

STROKE SUPPORT GROUP



DATE: 3rd Wednesday of every month
TIME: 6-7:30 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0629
REGISTRATION: Code 1X08

KIDNEY TRANSPLANT INFORMATION SESSIONS

DATE: May 10, 11; June 14, 15
TIME: 3-4 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0613
REGISTRATION: 708.684.7107

LOOK GOOD ... FEEL BETTER SUPPORT GROUP



DATE: April 20, June 15
TIME: 4-6 p.m.
LOCATION: Advocate Christ Center for Breast Care, 4545 West 103rd St., Oak Lawn
REGISTRATION: Code 1C17

ADAPTED CYCLING



DATE: May 7
TIME: 10 a.m.-1 p.m.
LOCATION: Advocate Christ Medical Center, Employee Parking Lot #4 (located on Keeler Ave.)
REGISTRATION: None

PEDIATRIC ASTHMA CLASS FOR PARENTS



DATE: May 17
TIME: 7-9 p.m.
LOCATION: Advocate Christ Medical Center, Keyser Room
REGISTRATION: Code 1C23

SENIOR BREAKFAST CLUB



DATE: May 20, July 15
TIME: 9:30-10 a.m.
LOCATION: Oak View Community Center, 4625 W. 110th St., Oak Lawn
REGISTRATION: 1.800.3.ADVOCATE

HEARTS FOR HOPE GOLF OUTING

DATE: June 1
LOCATION: Silver Lake Country Club, 14700 S. 82nd Ave., Orland Park
REGISTRATION: For more information, call Sarah Cutrara at 708.684.5231

STROKE: EARLY SIGNS & MANAGEMENT



Presented by Dalius Kedainis, M.D.
DATE: June 1
TIME: 6:30-8 p.m.
LOCATION: Lockport Central Square Building, 222 E. 9th Street, 2nd Fl., Lockport
REGISTRATION: Code 1C49

4TH ANNUAL RUNNING FOR HOPE

FEE: \$25/runners; \$20/walkers
DATE: June 5
TIME: 8 a.m. start; Kids' Dash at 9:15 a.m.
LOCATION: Keeler Park, 9400 S. Keeler, Oak Lawn
REGISTRATION: More information is available at www.runningforhope.net.

AMERICAN HEART ASSOCIATION FAMILY & FRIENDS CPR CLASS



DATE: June 7
TIME: 5:30-8:30 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0613
REGISTRATION: 708.684.3043 (Note: This course does not meet the requirements for health care providers.)

CANCER SURVIVOR'S DAY LUNCHEON



DATE: June 12
TIME: 11 a.m.-2 p.m.
LOCATION: The Lexington House,

7717 W. 95th Street, Hickory Hills
REGISTRATION: 1C09

SMOKING CESSATION PROGRAM

FEE: \$60; if all sessions are attended, \$30 will be refunded upon completion of the program.
DATE: July 12-Aug. 23
TIME: 6 p.m.
LOCATION: Advocate Christ Medical Center Conference Center
REGISTRATION: 708.684.4229

PORSCHE SPORT DRIVE EVENT

DATE: July 14-15
LOCATION: Autobahn Country Club in Joliet
REGISTRATION: For more information, call Jennifer Hendrick at 708.684.2012

CHILDBIRTH REFRESHER*

FEE: \$40 per couple
DATE: Class meets once a week for two weeks. April 6 & 13, May 10 & 17, June 1 & 8, July 6 & 13
TIME: 6:45-9 p.m.
LOCATION: Advocate Christ Medical Center, Conference Center, 0629 A&B
REGISTRATION: Code 1B06

CHILDBIRTH EDUCATION

FEE: \$80 per couple
DATE: Class meets once a week for four weeks starting on April 6, May 10, June 1, July 6
TIME: 6:45-9 p.m.
LOCATION: Advocate Christ Medical Center, Conference Center, 0629 A&B
REGISTRATION: Code 1B02

GRANDPARENTS' CLASS

FEE: \$25 per couple
DATE: April 7, July 7
TIME: 6-9 p.m.
LOCATION: Advocate Christ Medical Center, 2 North
REGISTRATION: Code 1B14

1-DAY CHILDBIRTH EDUCATION

FEE: \$95 per couple
DATE: April 9, 17; May 14, 22; June 11, 19; July 9, 17
TIME: 9 a.m.-5 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0629 A&B
REGISTRATION: Code 1B11

WOMEN & INFANT CENTER TOUR



(adults age 18 and older)
DATE: April 11, 25; May 9, 23; June 27; July 25
TIME: 6:30-7:30 p.m. or 7:30-8:30 p.m.
LOCATION: Advocate Christ Medical Center, Front lobby
REGISTRATION: Code 1B12

BREASTFEEDING BASICS

FEE: \$25 per couple
DATE: April 12, 28; May 26; June 14, 30; July 12
TIME: 6:45-9 p.m.
LOCATION: Advocate Christ Medical Center, Conference Center, 0629 A&B
REGISTRATION: Code 1B01

CARING KIDS SIBLINGS CLASS

FEE: \$15 per child; \$20 per family (two parents and one child)
DATE: April 19, June 21
TIME: 6:30-7:30 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0629 A&B
REGISTRATION: Code 1P06

DELIVERY OPTIONS*

FEE: \$20 per couple
DATE: April 20, May 24, June 15, July 20
TIME: 6:45-9 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0629 A&B
REGISTRATION: Code 1B04

TENDER BABY CARE*

FEE: \$20 per couple
DATE: April 27, May 31, June 22, July 27
TIME: 6:45-9 p.m.
LOCATION: Advocate Christ Medical Center Conference Center, 0629 A&B
REGISTRATION: Code 1B07

MARVELOUS MULTIPLES

FEE: \$25 per couple
DATE: May 19
TIME: 6-9 p.m.
LOCATION: Advocate Christ Medical Center, 2 North
REGISTRATION: Code 1B05

* These topics are included in the Childbirth Education Class. Do not register for these classes if you are registered for Childbirth Education Class.

This publication is produced by the public affairs & marketing department at Advocate Christ Medical Center and Hope Children's Hospital. If you have any questions, please call us at **708.684.5060**. To view this publication online, or to be added to our mailing list, please visit advocatehealth.com/christ/pmcc.

ACH-015

Proud to be one of the Top 10 health systems in the nation. Again.



What does it take to be honored in this way? According to the Thomson Reuters study, it is based on clinical performance. They found that Advocate Health Care has *"provided better care, followed standards of care more closely, saved more lives, had fewer patient complications and made fewer patient safety errors."* As one of the Top 10 health systems in the nation, Advocate is honored to be recognized as a quality leader. And as part of Advocate Health Care, Christ Medical Center and Hope Children's Hospital will continue to deliver this same quality of care for years to come.



 Advocate
Christ Medical Center
Hope Children's Hospital

Inspiring medicine. Changing lives.